

## **All About Me**

These great Team Building Questions to use when getting to know new members. Choose several questions and ask participants to come prepared with their responses, or allow time during the session for completion.

You can divide into pairs and have them share, then use the responses to introduce each other to the rest of the group.

You can divide into small groups and have them share, then have each group share one most interesting thing about another group member to the rest of the groups.

There are countless ways to use the questions as part of team building or as an icebreaker.

## All About Me

What time do you wake up in the morning?

If you could eat lunch with one famous person, who would it be?

Gold or silver?

What was the last film you saw at the movies?

Favorite TV shows?

What do you have for breakfast?

What would you hate to be left in a room with?

Can you touch your nose with your tongue?

What inspires you?

What's your middle name?

Summer or winter?

Favorite ice cream?

Buttered, plain, or salted popcorn?

Favorite color?

Favorite sandwich filling?

True love?

What characteristic(s) do you despise the most?

Favorite flowers?

If you had a big win in the lottery, how long would you wait to tell people?

Fizzy or still water as a drink?

What color is your bathroom?

How many keys on your key ring?

Where would you retire to?

Can you juggle? If yes how many?

Favorite day of the week?

Red or white wine?

What did you do for your last birthday?

Do you carry a donor card?